



After many years of providing private couples counseling, Rachel discovered in addition to the already great results this method was providing, that couples benefited even more from using a variety of resources especially the effective combination of psycho-education, pro-active skills and adaptable techniques.

These approaches COMBINED are able to create the success formula needed to make fast and immediate changes in relationships. This is why Rachel designed and developed a couples program using the full ins and outs of this intricate formula:

"The Ultimate Relationship Resolution Program"

Put the joy back into your relationship.

Resolve life challenges with more peace, and love more deeply.

While Rachel's extensive education and training merit a trip to The Relationship Suite, the true testaments to the success of her therapy practice and coaching programs are the richer, more fulfilling lives of her satisfied clients.

Speeches, Workshops and Keynotes

Rachel's high energy, participatory speeches and workshops are in demand for corporate training and events, Couples Organizations, Association Meetings, Leadership and Relationship Conferences.

Rachel developed **The Ultimate Relationship Resolution Program**, a technologically advanced relationship coaching program that accelerates therapy by addressing the six underlying issues that trigger common arguments that plague every couple. She also helps singles drive past insecurities and counterproductive habits—barriers standing in the way of the love and live of their dreams. With newfound social and dating skills, they can enter dating scene with confidence. While Rachel's extensive education and training merit a trip through The Relationship Suite, the true testaments to the success of her programs are the richer, more fulfilling lives of her satisfied clients.

Rachel customizes her presentations to suit each client's needs, weaving real life stories and her own personal experiences into entertaining, memorable and action-oriented discussions.

Sample topics include:

- The Ultimate Relationship Resolution (This will solve ANY problem you have with your partner!)
- The 3 Secret Shortcuts to Bring You to Your BEST Relationship in 2010
- 5 Must Have Steps To Effectively Working and Communicating with Difficult People
- The #1 Money Mistake Couples Make and How You Can Avoid It
- How to move through Anger in your Relationship for more intimacy
- 3 Keys to Creating deeper Connections With Your Partner
- The #1 Tip You Must Have to Rekindle the Romance in Your Relationship

To Book Rachel to Speak at Your Next Event

Please email to info@therelationshipsuite.com to inquire about Rachel's availability and fee. Or call 917.273.8836. We'll be happy to customize a speech that's just right for your group!

More About Rachel

Rachel Moheban gleaned two things from her life and those around her—a **curiosity for the way people related to each other and a discovery of the self-healing power of the mind**. This inquisitiveness inspired her to pursue a Masters Degree in Social Work from New York University. It was not long before Rachel's gift for providing humanistic therapy made her one of the most sought after psychotherapists in New York City.

What these fortunate clients experience is a warm, dynamic exchange between client and therapist. Rachel removes her clients' trepidations with engaging interaction that arrives at the heart of their problems and unearths their unfulfilled dreams. Non-judgmental feedback and individualized psychodynamic techniques empower clients to conquer anxiety disorders and depression. Individual therapy is not the only thing driving Rachel's thriving therapy practice. Top law firms, advertising firms, banks and nonprofit organizations request Rachel Moheban's corporate counseling services. Even with this success, Rachel's experiences as a couples therapist and her growing clientele of dating, married and same sex couples prompted the development of her next service.

Over twelve years, Rachel began to notice couples—whether they were dating, married or same sex partners—were **missing a key ingredient to creating and sustaining rewarding relationships**. She realized couples needed psycho-educational program to address common relationship issues such as communication problems, physical intimacy, anger and money before they arise. The psychotherapist saw the thick wall of resentment stacked between couples that waited too late to seek relationship therapy.

Couples and singles needed **proactive relationship coaching** that provided psycho-education, skills and techniques to complement therapy. They needed a safe place to get to the root of their problems and transform their relationships while learning from others in the comfort of their own homes.

Client Testimonial

"I've listened to many communication trainings and I found Rachel's delivery and clarity to be far superior. Since the big results come from making small adjustments in our thoughts and speech, it is imperative the instructor is able to articulate the process correctly. Rachel is an excellent speaker with the exact tone and pace to get her point across. Her strategies have worked to improve every relationship and conversation in my life and I highly recommend learning from her."

*~ Kelly Rudolph "Your Personal Safety Trainer,"
CEO SURVIVE! Self-Defense LLC SurviveSD.com*